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KIDS OCEAN DAY ADOPT-A-BEACH CLEAN-UP

**THURSDAY May 25, 2017**

Thank you for your contribution in arranging this field trip for your students. Without your hard work this event is not possible. We have prepared this package to guide you through the day.

- **BY ATTENDING AND/OR ALLOWING YOUR STUDENTS TO ATTEND THE KIDS OCEAN DAY ADOPT-A-BEACH CLEAN-UP @ DOCKWEILER STATE BEACH ON THURSDAY MAY 25, 2017, YOU GIVE CONSENT FOR YOURSELF AND YOUR MINOR STUDENTS AT THE EVENT TO BE PHOTOGRAPHED FOR THE MALIBU FOUNDATION AND IT'S AGENTS TO USE YOUR AND THEIR LIKENESSES, VOICES, ACTIONS AND STATEMENTS WITHOUT COMPENSATION FOR USE IN ANY MANNER, MEDIA OR FORM WHATSOEVER, NOW KNOWN OR LATER DEVELOPED.**
- **ANY CHILD YOU KNOW IS NOT TO BE PHOTOGRAPHED, PLEASE BE AWARE OF CAMERAS AND DIRECT THEM AWAY.**
- Please confirm your bus arrangements with the bus company. This keeps you in direct contact with the bus company.
- EVERY TEACHER who is attending the Thursday May 25, 2017 Adopt-A-Beach Clean-Up must attend the Event Walk-Through Meeting, Saturday May 13th from 10:00 am to 12:30 pm at Dockweiler State Beach, located at 8255 Vista Del Mar in Playa Del Rey to receive your supplies and Aerial Art training in Parking lot # 2. Please invite your friends and family to join you for a free parking day at the beach.
- Practice your Aerial Art Sea Creature at school.
- Have EVERYONE bring their own lunch and water bottles in their backpack. Please do not bring large coolers. You will not be able to return to the bus once you start your beach clean-up.
- Remind children that the small pieces of trash are very deadly for the birds and very important to pick up. Look at this clean-up as an outdoor classroom opportunity to be a trash detective at the beach.
- Please remind the children about the great ADOPT-A-BEACH assembly that they saw.
- Please have the students look at the VIDEO of the Assembly Program as a review.
- Please don't let them forget to RECYCLE what they can and to bring home any trash they may generate from their lunches.

- Have the children make signs with their school name to be placed on the front bus window for easy identification. Please have the children wear dark colors for their Sea Creature.
- Have the children cut the top off of a one-gallon plastic milk jug. This can be a more manageable carrier for picking up trash. It can be emptied into a plastic trash bag. This will cut down on partially filled trash bags. Please carry one milk jug yourself to be a safety bucket for sharp objects. Adults will carry the trash/recycle bags.
- Load your bus and hand directions to each bus driver. Sit lead teacher of each bus at the front. Attach school name sign to front window of bus.

## 9:30 am Arrival @ Dockweiler.

- At the entrance to Dockweiler State Beach your bus will be waved through to the 2<sup>nd</sup> or 3<sup>rd</sup> large parking lot down the beach access road.
- The bus will be guided to a parking spot in the lot.
- A VOLUNTEER will greet you and place a number in the front window. You will be handed a sign on a stick with the same number. Please carry it during the event, all the way through the clean-up, art and drop-off, after the art, at the water/toilet/waste collection tent in the parking lots.
- Make sure the children get off the buses with their lunches and water bottles in their backpacks.
- Refills of water are at the tent at each parking lot.
- Please direct children to be very careful near the bike path.
- You will distribute the supplies and give instructions to the kids on the clean-up according to the enclosed directions on "How to do an Adopt-A-Beach Clean-Up." Each adult will carry a trash bag.
- Divide your students into teams of five. Supply each team with 1 data card, 1 pencil, one bag and 5 gloves.
- If you are parked in **North lot # 3**, you will head **SOUTH** (left) for clean-up.
- If you are parked in **South lot # 2**, you will go **SOUTH** (left) or **NORTH** (right) for clean-up.
- Lead your students directly towards the beach for your clean-up.
- Please **DO NOT** drop your trash and recycling into the black barrels on the beach.
- Separate the trash and recyclables and organic waste at lunch. Have an adult and some kids drop it off at the parking lots during lunch.
- We will give you the outer limits of where you can clean-up and have lunch and form your SEA CREATURE.

## **Clean-Up until 11:00 am & then sit down @ any flag/neon marker on the beach and have lunch.**

- KIDS OCEAN DAY will form an OCEAN of SEA CREATURES. Some schools will form the letters COME TOGETHER.
- Each school will form their own individual SEA CREATURE. This will reduce the movement of you and your students and give each school a "hands-on" experience of the creative process.
- Each school may have a VOLUNTEER that joins you at your bus and on the beach.
- Sit down at any flag on the beach. That is your center point for your art.
- Have lunch and lessons and recycle your trash. Separate your beach trash and recyclables and organic waste. Have an adult bring trash to tents on parking lot.

## **Begin @ NOON to create your SEA CREATURE.**

- Part of individual school creative input will be colors and accents.
- Take some kids and form the eye. Other kids to form a few gills. Some form a mouth.
- Have kids sit front to back. Backpacks in lap.
- When sitting in a single line, sit with your bottom on the line.
- For a double line, sit shoulder to shoulder with line in between.
- All teachers and parents are to sit in the art.
- Add your own creativity to your SEA CREATURE. Wear school colors. Add colorful cloth to the body.
- Have a lesson about sea life. Rehearse your SEA CREATURE at school.
- Please make the kids aware that they are artists and that this is an extraordinary event. They are part of something bigger than themselves and of communicating a powerful message to the world their concern and appreciation about the ocean and plastic litter. They are doing their part to make a big difference.
- This is a collaborative community event, working together to get this message out. Together we can accomplish great things.

**At EXACTLY 12:30 be ready for a fly-by.**

- PLEASE HAVE THE KIDS BRING HOME THEIR MILK JUGS AND MATERIALS USED FOR THEIR BUBBLE OR FISH FOR FURTHER RE-USE OR RECYCLING AT HOME OR AT SCHOOL. GREAT RE-USE LESSON.
- After the fly-by, you bring leftover collection of trash and recycling to the trucks and tents on the way to the bus and water stations and bathrooms.
- Head for buses.

**REPORT LOST CHILDREN OR ANY CONCERN  
TO LIFEGUARDS OR ANY STAFF PERSON  
WITH A WALKIE-TALKIE.**

# KIDS OCEAN DAY SUSTAINABILITY PLAN

This year in our efforts to be more environmentally sustainable, we are implementing a few simple guidelines such as composting and recycling.

The human aerial art piece itself will be plastic free as we will be utilizing cardboard markers and natural fiber Manila rope to stencil out the image.

**\*Note that we will be assigning various volunteers to help manage and assist in this process at different points throughout the event.**

**Bring Compost/Recycling/Waste to tents/water station/toilets in lot # 2 & # 3.**

## Student Lunches

- Sort and gather compost/recyclables/trash in separate bags
  - Small bags - food waste
  - Larger bags - recyclables or trash
  - Do not dispose of waste in black beach trash barrels

## Volunteer Eating Area - Breakfast & Lunch

There will be 4 separate bins:

1. Compost (food/napkins/plates)
2. Recyclables
3. Compostable cutlery/cups
4. Landfill waste

## Water Stations - lot # 2 & # 3

- Refill water bottles
- Compostable cups provided
- Dispose of used cups in specified waste bin

## What eco-supplies to consider

Reusable Water Bottle - to be refilled at the water station in lot 2 & 3

Large trash bags - biodegradable or reusable bags (burlap, canvas).

Bicycle - for quicker navigation throughout the day (bring bike lock).

Natural Based Sunscreen - paraben free, no animal testing, vegetarian.

## Recycle

- Clean Paper/Cardboard
- Plastics
- Styrofoam
- Cartons
- Glass
- Metals/Aluminum Cans

**Compost.** We will not be composting meats, oils or dairy

Many of the food items that we all consume during lunch are actually compostable, meaning they are composed of organic matter that will break down in time without harming the earth.

- Vegetable or fruit scraps
- Bread
- Paper napkins
- Egg shells
- Coffee grounds

A field trip to the seashore can be an exciting experience as well as a valuable educational tool. Along the coast of North America we are fortunate to have such a variety and abundance of tidelands and marine life. This is a valuable natural resource and it is just as important to conserve seashore life as it is to conserve forests and other wildlife. The attitudes and practices that you, the teacher, display are important. What our students learn about conservation is better "caught" than taught. Please take nothing from the beach. Please leave all life undisturbed especially the dune grass. Dune grasses keep the beach from eroding and are extremely delicate. The saying "**take only pictures and leave only footprints**" is a good one to share with your students.

## ENCLOSED YOU WILL FIND:

1. What to do before the clean-up.
2. Parent Permission Letter / English & Spanish.
3. How to do a beach clean-up.
4. Guide to data collection.
5. Sample data card.
7. Press flyer.
8. Directions for the bus driver.
9. Evaluation of Kids Ocean Day.

## WHAT TO DO BEFORE THE CLEAN-UP

1. Send home letter to parents.
2. Instruct children on how to use the data cards.
3. Instruct children on how to do a beach clean up.
4. Conduct lessons in the classroom.
5. Plan a lesson for the beach.
6. In order to dress appropriately, check weather conditions before leaving school. Practice with your students the phrase; "**Never turn your back to the ocean**". Warn students to look for extra large "**sneaker waves**". Have buddies look out for each other.
7. Emphasize the checklist in the parent letter. Dress warmly and wear sturdy closed-toed shoes. Jackets are a must. It is usually a lot cooler at the beach, even on a sunny day. **Dressing in layers works well.**

Dear Parents,

Your child is participating in the **KIDS OCEAN DAY ADOPT-A-BEACH CLEAN-UP AT DOCKWEILER STATE BEACH**. The trip will take place during the school day \_\_\_\_\_. Please make sure they are on time, or they will miss the bus to the beach.

Volunteers will meet the bus at the beach. These team leader volunteers will guide the children throughout the clean-up. Because this is an organized school trip, teachers will supervise the children during the day. You are welcome to attend the trip. Please contact your child's school if you are interested.

Please help prepare them for the trip. Here is a checklist:

- Long pants**
- Sweater**
- Shorts / T-shirt (for hot weather)**
- Closed toed shoes (i.e. tennis shoes)**
- Windbreaker/nylon wind shell or jacket**
- Sunscreen**
- Sunglasses**
- Hat**
- Water bottles**
- Backpack with lunch**

Thank you very much for your help. Please try and attend the event with your child.

**Lifeguards will be on duty.**

Estimados Padres:

Su niño va a participar en un programa, el **KIDS OCEAN DAY ADOPT-A-BEACH CLEAN-UP AT DOCKWEILER STATE BEACH**. Todos los niños van a ir en una excursión \_\_\_\_\_.

Ese día los estudiantes irán a la playa de Dockweiler para limpiarla. Es muy importante que su niño llegue a tiempo a la escuela ese día por el autobús.

Habrán voluntarios en la playa para ayudar a los niños todo el día. Si usted está interesado en ayudar, avise al maestro de su niño/niña.

Por favor prepare a su niño/niña ese día con lo siguiente:

- ❑ **Pantalones**
- ❑ **Un suéter**
- ❑ **Shorts / playera (si hay calor)**
- ❑ **Tenis**
- ❑ **Una chamarra**
- ❑ **Bronceador**
- ❑ **Gafas de sol**
- ❑ **Gorra / sombrero**
- ❑ **Botes de agua**
- ❑ **Mochila con almuerzo**

Gracias por ayudar. Por favor traté de asistir con su niño/niña.

**\*Habrá guardavidas.**



## HOW TO DO A BEACH CLEAN-UP

1. Divide children up into teams of FIVE. Have adequate adult supervision. One adult for every 2 teams is a good ratio.
2. Assign students to a buddy system before leaving your classroom. This provides the students with a working partner.
3. No students in the water or on the rocks! Climbing on rocks, playing on pipes or near the water, wading and wave chasing where currents exist are all potentially dangerous activities and are prohibited.
4. Bring a first-aid kit with you.
5. Make sure children have their own gallon jug for a picker-upper. No plastic bags for children. Each adult will have a trash bag and a recycle bag.
6. Pass out one glove per child.
7. Data cards are to be filled out by the children. They are a teaching tool for the children to keep track of the trash. Pass out one data card and one pencil per team.
8. Instruct children to avoid sharp objects, glass, dead animals, seaweed and to never pick up hypodermic needles. Get the team leader, who will flag the item and contact the appropriate officials.
9. Carry a bucket for sharp objects
10. When finished, recycle the trash at lunch and have an adult escort some kids to the water/trash/restroom tents.

# DATA COLLECTION GUIDE AND CHECKLIST.

Please record the kinds and amounts of trash you find. This information can be taken back to the classroom as a teaching tool.

## HELPFUL TIPS FOR DATA COLLECTORS

- Count items in groups of five and record the total.
- Do not write the words "Lots" or "Many". Only numbers of items can be put into the computer.
- Please list animals you find stranded or dead on the beach and, if possible, any entangling debris items.
- Please list foreign items found, country and any debris with identifiable markings, such as a company name.
- Please leave natural items on the beach like driftwood and seaweed. Avoid stepping on dune grass and plants. These things hold the sand and prevent erosion.
- Work with a few people, have one person record the numbers while others collect and bag the trash.
- Instruct children to avoid sharp objects, glass, dead animals, and seaweed and to never pick up hypodermic needles.**
- THANK YOU** for keeping the coast and ocean safe for all of us and for marine wildlife!

### SAFETY TIPS

1. Do not go near any large drums or barrels.
2. Do not pick up any sharp objects.
3. Do not pick up *any* medical waste.
4. Only pick up items with gloved hand.
5. Do not lift anything too heavy.
6. Do not turn your back on the ocean.
7. Watch the bike path.

# CHECKLIST OF ITEMS COLLECTED

## Plastics

Bags

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Bottles

---

Caps, Lids, Cups

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Forks, Spoons, Straw

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6-Pack Rings

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Other

---

## Glass

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## Metal

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## Rubber

---

## Paper

---

## Wood

---

## Cloth

---

## Cigarette Butts

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## Styrofoam

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# 24th ANNUAL



## ADOPT-A-BEACH CLEAN-UP

Thousands of kids will clean-up Dockweiler State Beach

# THURSDAY May 25, 2017

8255 Vista Del Mar, Playa del Rey @ Imperial Hwy.  
Near LAX between Playa del Rey and Manhattan Beach.  
West on 105 to Imperial Hwy to the end.

## Schedule

- 9:30 am - Schools Arrive & Beach Clean-Up
  - 11:00 am - KIDS Lunch @ any FLAG for each school on beach
  - NOON - Form Aerial Art
  - 12:30 pm - Helicopter fly-by
  - 1:00 pm - KIDS Recycle & Depart
- ALL volunteers help clean up**
- 1:30 pm - Volunteer Lunch

## Press Opportunities

- |                     |                      |
|---------------------|----------------------|
| 6 am - 1:00 pm      | Organizers available |
| 10 am - 12 noon     | Children available   |
| 12:30 pm - 12:45 pm | Helicopter fly-by    |

Dear Bus Driver,

Thank you for safely driving these children to the beach and home again, so they can do their part in cleaning up our community.

You can make this busy day run smoothly by following these simple instructions:

- Volunteers will be on the road and direct you to parking.
- Volunteers will board the bus, place a number in the window and take the kids off.
- Please **DO NOT MOVE THE BUS** until directed.
- Be on your bus and ready to leave no later than **NOON**.
- You will be directed towards the exit.

We greatly appreciate your cooperation.  
Thank you very much.

## Evaluation of KOD

Thank you very much for your participation. We look forward to your comments and suggestions in order to make next year a more effective and powerful event.

Name \_\_\_\_\_ School \_\_\_\_\_

Please circle the number that best describes your response.

The experience was:

Excellent                      5    4    3    2    1                      Poor

Student involvement was:

High                              5    4    3    2    1                              Lacking

My overall expectations of the trip were:

Totally met                      5    4    3    2    1                      Totally not

I recommend this experience to others:

Wholeheartedly                      5    4    3    2    1                      No way

Would you take your school to the next KIDS OCEAN DAY?                      Yes    No

How does the total number of KIDS at the event impact the experience for the participating children?

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What is the best part of the beach experience for your students?

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Do you have any ideas to enhance/improve the beach/lesson experience?

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How did the Art work for you and your KIDS?

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How did the DVD work for you?

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Remarks/Comments/Suggestions:

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Please mail to: 1471 S. Bedford Street # 3 Los Angeles, CA 90035

# THE BEACH SWEEP

## Concept

Our beaches are littered with enduring plastic debris that harms fish and wildlife. The plastic debris comes from various sources; i.e., city neighborhoods, fishing boats, picnickers, ocean freighters, etc.

## Materials

Large garbage bag to collect debris.

## Procedure

1. Divide the class into groups of two to three. Give each group a garbage bag.
2. Choose a stretch of beach to clean. You may wish to use a measured distance so students can compute the amount of trash per mile.
3. Have students collect trash from the beach. Return to the group after a selected time and sort the trash into possible source piles:
  - City residents, picnickers and boaters** - cigarette butts, soft drink containers, plastic bags, styrofoam food containers from fast food restaurants, plastic utensils, etc.
  - Fishing vessels** - plastic netting, rope.
  - Freighters** - strapping bands, foreign cargo.
  - Industry** - nurdles (tiny plastic pellets).
4. Back in the classroom, weigh the garbage collected to estimate the amount of trash collected. If you measured the distance, you can now compute the weight of trash per mile.  
You may wish to conduct your collection every month and to keep a record of amount and types of litter that are collected.

## A CLOSER LOOK

Increase your awareness of the coastal environment. Go on a visit to the ocean and try:

- Getting down on your hands and knees. Get your face close enough to the sand to see what colors you can find.
- Digging your hands down deep into the sand. Is it warm or cold?
- Seeing how many different shapes of shells you can find.
- Sniffing the air. What does it smell like?
- Sitting down, closing your eyes and listening to the sounds: waves, people, seagulls, wind, etc.
- Investigating the seaweed. Do you see any signs of life?
- Touching some seaweed. How does it feel?

Now sit down together and draw a picture illustrating your experiences. Discuss with your students why the ocean and its inhabitants are so important. Discuss with your students what you can do to help protect this special and fragile environment.



# GETTING OUT OF A BIND

## OBJECTIVE

To teach empathy for wildlife by simulating an animal's entanglement in plastic litter.

## TIME

15 minutes

## MATERIALS

One or two large rubber bands to pass around and collect at the end of the lesson.

## BACKGROUND

Humans are special. We have hands and fingers - and the ability to use them to get out of a simple bind. If we were entangled in fishing line, we could probably free ourselves. How? (Cut line; untie it.)

But what about a seal, dolphin or duck? Let's see what might happen.

## PROCEDURE

Use a volunteer to demonstrate. Put a rubber band around the back of his or her hand, catching the thumb and little finger. Have the child try to remove the rubber band without using the other hand or teeth or rubbing it against something.

Hand out rubber bands for everyone to try. Tell each child to pretend his or her hand and arm is a goose entangled in plastic. For example, the hand is its head, the fingers its beak and the forearm its neck. Cup elbow with free hand. Place rubber band around "beak" or "neck." Allow children only 30 seconds to free themselves. No helpers!

Is everyone successful in untangling themselves? Many animals don't get free and can starve, strangle or suffocate.

## LET'S TALK ABOUT IT

- What plastics or other materials could the rubber band represent in a natural setting? (Fishing line, plastic six-pack rings, plastic bags, packing straps.)
- How could an animal get into a situation in which fishing line, plastic bags, strapping bands, six-pack rings or net would entangle it? (By swimming into plastic accidentally; by trying to eat a plastic bag or the food inside it. A bird might eat bait on fishing line, then become entangled or take the line back to a nestful of vulnerable babies.)

## INTERCONNECTED



Show the importance of each animal to the survival of all the others.

- LINE UP in order of food chain.
- HOLD HANDS to show the connection they share to the animals next to them.
- MAKE A CIRCLE and explain how the sharks need the plants to feed the fish, which feed the bigger fish etc. - Bring the shark over to the plants.
- BALANCING ACT: shows the importance of each connection in the circle to create strength.
  - 1) SHOULDER TO SHOULDER
  - 2) RIGHT ARM IN - Right arm high - Right arm around shoulders
  - 3) REPEAT WITH LEFT
  - 4) TEST STRENGTH LEAN OUT!
- WHAT IF ONE DISAPPEARS? Remove an animal, creating a gap in the circle. Ask them to repeat the exercise. Everyone will fall.
- REVIEW: "Even if a sea creature isn't your favorite, or it might scare you, these animals, are still important to creating strong ecosystems."

## JUST BECAUSE YOU CANNOT SEE IT DOESN'T MEAN IT'S NOT THERE.

Can be played anytime before the aerial art.

1. Have the students sit in a circle in the sand. Have an empty water bottle or milk jug ready.
2. Ask the students to take a quick look at the sand in front of them. Do they see any pieces of trash? If so how many and what kind of trash is it?
3. Tell the students that sometimes we have to look closely and dig deep to find small pieces of trash. Tell the students that the small pieces of trash are very dangerous because the animals think they're food and they eat the trash and get sick.
4. Tell the students that they are about to dig beneath the surface and find small pieces of trash in just the area around them without standing up. Give the students 60 seconds to collect any small pieces of trash that they find. When the times up have them pass the water bottle from student to student and drop in their trash and discuss the contents and the amount.